





## Instructions:

Apply oil to whole body and apply light pressure using your palm and fingers or with slow circular motion gently stroke onto specific areas. By just applying Meridian Natural onto your forehead and your nape, it can help release tension and bring back important energy levels in your daily active life.

## Massage Therapy A Wellness Revive, Recharge and Rejuvenate

Your body, mind and spirit deserve the absolute best! The use of essential oils in massage is a fantastic way to maximize the healing power of the massage itself. When combined with essential oils, a massage can have a powerful calming or energizing effect, depending on the oil chosen. Body or Massage oils let you treat your self to one of the oldest and most effective treatments for your well-being.

A treat or more.....body or message Oils are the finest creation from the best selected unique and high quality essential oils as we believe that scent is the most enduring of our senses. It has the power to transform our emotions and heal our bodies; it can take us to another place and time...

Enhanced by our proprietary AMized® Fusion technology, massage using our a treat or more....body or massage oils is therapeutic as it combines the natural therapeutic properties of the essential oils and the healing power of massage therapy. It gives a pleasant method of physical, emotional and mental clarity, relaxation, stress alleviation, great relaxing, digestive, respiratory conditions and rejuvenating experience.

Meridian Natural massage oil promotes stress relief and a deeper experience of wellness. Improved circulation and toxin elimination can support and balance many of the body systems providing enhanced benefits for total well being. Soothing support for most types or nervous tension, migraines, respiratory congestion, muscular pain, poor circulation or digestion.

## Active Contain of Natural Meridian:

Jojoba Oil, Avocado oil, Vitamin E

"By stimulating the circulation and lowering stress hormones, massage eases stiffness and pain in arthritis sufferers." Life Magazine



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