

70% of your

Immune system resides in your gut.

$(\frac{3}{4})$ 3 out of 4 people

fall short in consuming enough fiber-rich fruits and vegetables daily.



Nutrition and Dietetics recommends 28 grams of fiber for every 2,000 calories you eat.

STOP your Leaky Gut!



Fiber is essential not just for smooth digestion but also for overall colon health. A regular and sufficient intake of fiber can reduce the risk of serious health conditions, including cardiovascular diseases, type 2 diabetes, obesity, and more.









AMgenex FiberGo is a premium nutritional fiber supplement designed to address fiber deficiencies in your diet. Crafted with a blend of natural, soluble, and insoluble fibers, and enriched with a medley of nutritious fruits and vegetables, FiberGO is your go-to solution for optimal digestive health and energy.

Advanced Detoxification:

Energized and enhanced with AFT Quantum Resonance for superior efficacy, FiberGO serves as the ultimate detoxification system. It effectively eliminates accumulated toxins, promotes efficient digestion, and keeps you energized throughout the day.



BENEFITS OF FIBERGO



ENERGIZED BY AFT AND BLENDED WITH 9 FRUITS AND VEGETABLES

Ingredients:

Oligosaccharides, Apple Powder, Wheatgrass Powder, Oil Palm Fiber, Oat Fiber, Mixed Berries Flavor, Spirulina, Guava Powder, Kiwi Fruit Powder.

Each box contains 15 x 10 gm sachets.

Directions of use:

- 1. Mix 1 sachet of FiberGO with 150ml of drinking water in a glass or shaker jar.
- 2. Stir or shake well and drink immediately.
- 3. For those with digestive issues, obesity, or low energy levels, try 2 sachets per day: one at night before sleep and one in the morning before breakfast.



1. AIDS IN DIGESTION and ELIMINATION **OF WASTE**

Insoluble fiber provides bulk to the stool (helping you to poop). At the same time, soluble fiber absorb water to create a pulp to give you the best digestive relief.



2. MAY HELP PREVENT HEART DISEASE

Researchers have shown that there's an inverse association between insoluble fiber intake and systolic and diastolic blood pressure, total cholesterol levels and triglycerides. In addition, soluble fibers can also help lower LDL ("bad") blood cholesterol by interfering with the absorption of dietary cholesterol.



3. MAKES YOU FEEL FULL WHICH HELPS WITH WEIGHT LOSS

Numerous studies support that dietary fiber intake helps prevent obesity. Fiber intake is inversely associated with body weight and body fat, so the more you eat, the likelier you are to stay at a healthy weight or to lose weight if you need to.



4. HELPS CONTROL BLOOD SUGAR AND **MAY PREVENT DIABETES**

The effects that soluble fiber helps to slow down digestion and keeps blood sugar levels stable. This improves insulin sensitivity and can help control the blood sugar spikes and conditions like diabetes.



5. PREVENTS DISEASES OF THE DIGESTIVE TRACT

Fiber has been shown to help prevent digestive disorders and diseases like diverticulitis, colon cancer and inflammatory bowel disease. This is because prebiotic fiber helps improve immune function and maintains better colon and intestinal health, while also clearing away harmful waste from the digestive organs.





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