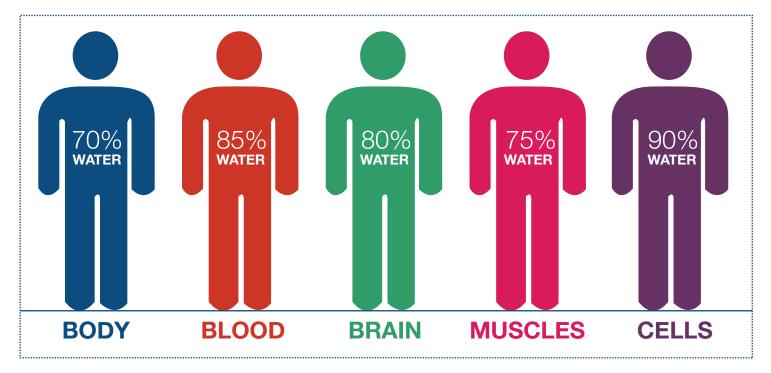


- △ 70% of our body is water
- 85% of our blood is water
- ∆ 22% of our bones is water
- A mere 2% drop in our body's water can trigger dehydration!



### Water Is Life!

Water is a big part of our life. It acts as a catalyst for the cells to carry out all the important functions for our good health. It is also plays the role of a carrier, solvent, nutrient, medium, facilitator, detoxifier, protector and scavenger in our body. In fact, it is needed for most of the processes that take place in our body to keep our body healthy and alive!

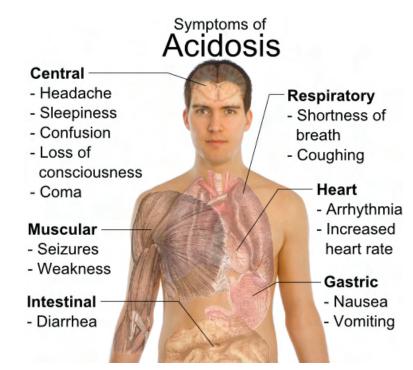
### **Water Prevents Acidosis**

Most importantly, water can help to prevent Acidosis.

The accumulation of acid wastes in our body (acidosis) is the underlying cause of degenerative diseases.

Research by Japanese scientists and medical studies in the United States have identified a link between acidosis and degenerative diseases such as cancer, high blood pressure, eczema, diabetes, kidney problems, gout and hypertension.

In addition, Acidosis is also linked to many body discomforts like headaches, sleepiness, confusion, coughing, diarrhea and even seizures.



### Do You Know Where Your Water Comes From?

Let's take a good look at the water we are drinking now.

Faced with the large amount of pollution, some people have chosen to drink only bottled water. Others choose to continue to drink tap water and pray for the best.

The fact is, most bottled water is glorified tap water at 10,000 times the cost. While the label on your bottled water may depict a peaceful mountain stream, that doesn't automatically mean the water is pure, pristine spring water from the mountains.

Only some bottled water comes from springs or groundwater sources. In actual fact, approximately 25% of bottled water is sourced from ... the tap.

Moreover, studies show that bottled water samples can contain phthalates, mould, microbes, benzene, trihalomethanes, and even arsenic. The plastic bottles they are housed in may contain chemicals that bring harm to the human body too.

Tap water may not be much better. Due to the long distance it runs in the underground mains before it arrives in your home and due to the treatment the water is given, most tap water contains harmful things like: chlorine, THMs (trihalomethanes), heavy metals, pesticides, sediments, rust and mud, lead, iron and many other contaminants that have been known to cause cancer and other degenerative diseases.





# Crystal Clear Drinking Water Can Be Harmful To Health!

What is more, crystal clear drinking water can be deceiving and even harmful to health because they may contain colourless toxic contaminants which are invisible to the eye.

These pollutants can be biological, organic or radio-active in nature or are dissolved in organic minerals and dissolved chemicals which are difficult to detect.

In addition to unhealthy dietary habits, consumption of small traces of these contaminants over a period of time may be the cause of many modern diseases (such as atherosclerosis, arthritis, urinary stones and so on). Daily consumption of these contaminants in minute amounts may also increase the possibility of one developing various types of cancer, brain damage or even organ failure.

### **Does Boiling Help?**

Most people think that boiling their drinking water will kill most of the germs found and make the water safe for consumption. Boiling water can kill bacteria, but treatment plants have already removed most of the bacteria from your tap water.

### The biggest problem in your tap water is not bacteria but chemicals!

In addition, boiling can actually make your water worse! For example, when you boil chlorine, you create Trihalomethanes which are 10 times more carcinogenic.

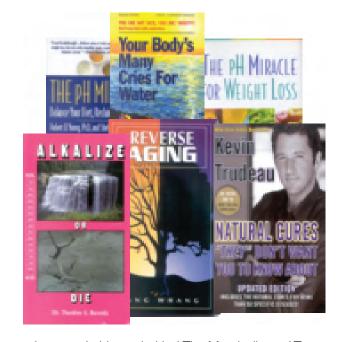
# What Type Of Water Should You Drink For Optimum Health?

So how do we get all these bad stuff out of our drinking water? Is drinking water without chemicals good enough for optimum health?

Before we can answer that question, we need to understand why our body needs water. Our body needs water for many processes taking place within our body. Water helps us with respiration, digestion, regulating metabolism, elimination of waste and toxins, temperature control and is also vital in transporting nutrients and oxygen to our cells.

In Dr. Frereydon Batmanghelidj (Dr. B), founder of the Foundation for the Simple in Medicine and author of Your Body's Many Cries For Water, found from his research, that proper cellular hydration is not only good for regulating your body functions, but is also vital in the prevention and/or cure for many degenerative diseases such as:

- Arthritis
- Asthma
- Back pain
- Cancer
- Constipation
- Depression
- · Irritable bowel syndrome
- Headaches
- · High blood pressure
- Hypertension
- Heart problems
- High cholesterol
- Indigestion
- Menstrual problems
- Morning sickness
- Obesity
- Stress
- Urinary problems



In 1923, a scientist named Otto Warburg discovered the real cause of cancer. In his work titled The Metabolism of Tumours, Warburg demonstrated that all forms of cancer are characterized by two basic conditions: ACIDOSIS and HYPOXIA (lack of oxygen). This is because cancerous tissues have found to be acidic while healthy tissues are alkaline. He also found out that if you deprive a cell 35% of its oxygen for 48 hours, there is a high chance that it may become cancerous. In 1031, Warburg won a Nobel Prize for his discovery. Further studies have also been made of Centenarian Longevity Villages and shown that naturally good, clean, pure water available in the area have allowed people to live for more than 100 years with no degenerative disease.

# How Do We Get Good, Clean, Pure Energized Water Like Those Made Available To The Centenarian Longevity Villages?

Your answer to that question is the AMWater Actify Water System from MyAmWellness.com!

The AMWater Actify is a machine that produces both alkaline and acidic water from tap water. It addresses the imbalance of everyday physical signs at the energetic level to reorganize your bio-energetic field. In the state of homeostasis (complete balance), your innate restorative and balancing processes and optimal wellness can be restored.

Water from AMWater Actify has essential properties not found in most drinking water today:

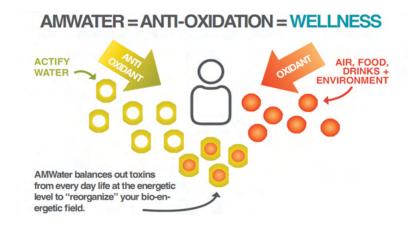
- 1. Anti Oxidation
- 2. Micro- Clustering
- 3. Alkalinization
- 4. Energized by AMized Fusion Techology™ (AFT)

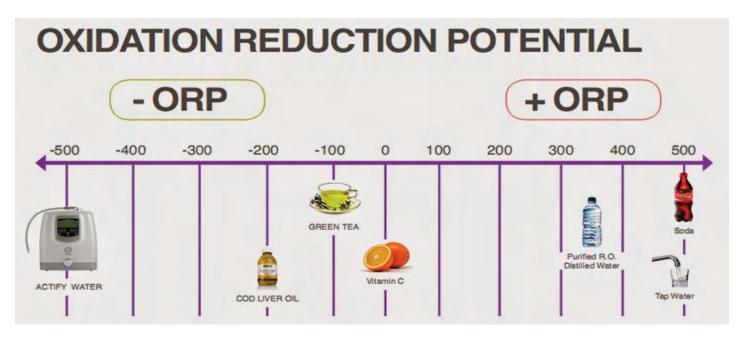


# Property 1: Anti Oxidation

Everyday, we are exposed to various oxidants from the air we breathe, the food and drinks we consume and even the environment we live, work and play in.

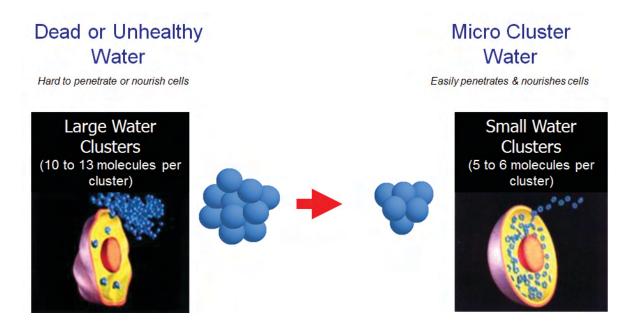
Water from the AMWater Actify has an Oxidative Reduction Potential (ORP) reading of -500. The ORP is a measurement that indicates the degree to which a substance is capable of oxidizing or reducing another substance. Most types of water, including tap water and bottled water, are oxidizing agents as their ORP value is positive. For example, tap water in the US has an ORP reading of 150 - 600. The lower the reading, the more anti oxidizing the substance is. With a reading of -500, water from the AMWater Actify is able to neutralize the harmful effects of free radicals in our body.





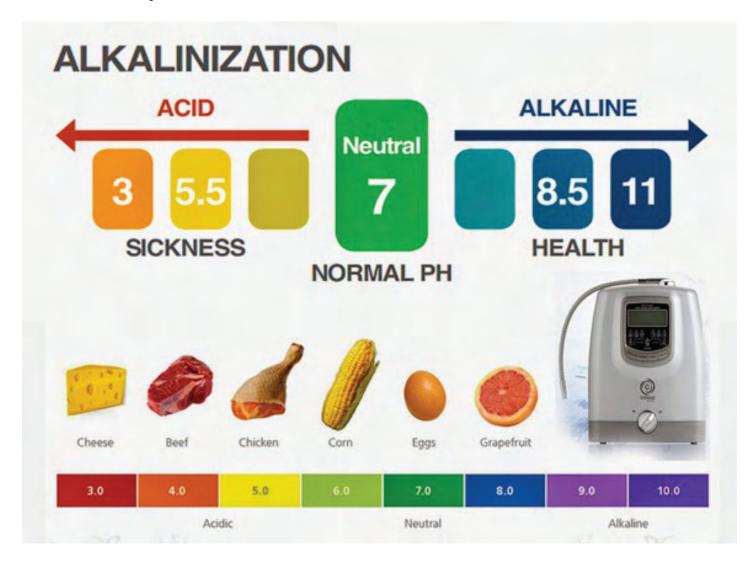
### Property 2: Micro Cluster Technology

Due to the ionizing function of the AMWater Actify, water molecules are broken down into micro clusters of 5-6 molecules per cluster. Dead, unhealthy water in contrast has 10-13 molecules per cluster. **These micro clusters are better able to penetrate into our cells and nourish them for our energetic wellness.** 



### **Property 3: Alkalinization**

The human body needs to be in a slightly alkaline state to be healthy. However, the food that we eat and drink we consume are mostly acidic.



**Excess acidity weakens all body systems**, which forces the body to borrow minerals such as calcium, sodium, magnesium and potassium from vital organs and bones to neutralize this acidity and safely remove it from the body. The result of an excess acidity condition is an internal environment where disease can easily manifest. A pH-balanced environment within the body will allow it to resist disease. Obesity, weak immunity, lack of energy and many other acid-related diseases are caused by acidity.

Acid coagulates the blood. Blood will have great difficulty flowing around fatty acid. As a result, capillaries clog up and our organs (e.g. skin, liver) are deprived of healthy blood. When the body is deprived of acid/alkaline balance, every part of our body has to work under stress to maintain good health. Our organs and cells are totally subservient to our blood. Our organs work to keep our blood at a balanced pH, to the extent that our body will inflict serious damage on organs if they appear to stand in the way of correct blood pH.

Most of the liquids we enjoy consuming like cold fizzy drinks, coffee, tea and alcohol are largely acidic in nature. AMWater Actify can correct that by producing high quality alkaline drinking water that will keep us healthy.

### Property 4: Energized With AMIzed Fusion Technology™

While there are water systems in the market that produce alkaline water, AMWater Actify is the only water system in the world that energizes water with Zero Point Energy through the use of AMized Fusion Technology (AFT).

AFT is a unique quantum technology that allows water from the AMWater Actify to resonate with Zero Point Field Energy. Zero Point Field Life Force Energy helps our body to self-regulate and self-maintain, harmonizing and bringing balance to all aspects of our mental, emotional, physical and spiritual health.

With built in natural minerals in filtration, AFT has the ability to increase energetic effects of water; removing all signatures of harmful substances in water. Thus, it rejuvenates and detoxifies.

AMized Fusion Technology also helps to clean out the water membrane of any "bad" memory and restores the water to its original molecular integrity. In addition, the zero point energy resonance from AFT increases the Life Force Potential of the water molecule as a natural substance. The water is then restored to its true organic nature as negative ionic water (think negative ions) which is an excellent match to the organic structure of the human body.

AMWater Actify has a built-in component where the Alkaline water gets energized by AMized Fusion Technology™ . AFT cleanses the OLD memories i the water and restores to its pristine condition.

The ENERGIZED Alkaline Water is pure, pristine and full of Life Force Energy Potential. Energized AMWater Actify water not only hydrates and oxygenates our body, but also supports the healing and enhances our energetic performance while restoring imbalances & dis-orders and promoting overall wellness.

# **Benefits of The AMWater Actify**

AMWater Actify creates the most profound hydration possible for every cell of your body and helps us enjoy the following benefits:

- 1. Refreshing, multi-purpose energized water for the whole family
- 2. Assists in clearing negative imprints and elements from the water source
- 3. May maintain youthfulness and help improve vitality
- 4. May help to improve energetic levels and performance
- 5. Assists in relief and fast recovery
- 6. Promotes increased vitality, strength, flexibility and energy levels
- 7. Promotes improved immunity
- 8. Helps to enhance quality of rest
- 9. Helps to maintain alkaline state of body
- 10. Improves the taste and clarity of water
- 11. May support detoxification
- 12. Purified water from AMWater Actify is excellent when used with medication

At the touch of a button on the panel, your AMWater Actify will be able to produce Alkaline Water, Acidic Water or Purified Water to suit your various needs. You may also opt to purchase an additional Calcium Supplement (optional) to be added into your AMWater Actify. The calcium will be dissolved along with the purified water as it flows from the filter and make for stronger ionized water.

# **Benefits of ENERGIZED Alkaline Water**

- · Helps to maintain alkaline state of body
- · May enhance hydration in every cell
- May enhance mineral absorption for the body
- Helps remove remnants of harmful elements
- · May improve blood circulation and overall metabolism
- Assists in supporting and boosting the body s immunity by neutralizing free radicals
- · Fruits and vegetables are tastier when washed in alkaline water
- Alkaline water may energize, and expand the potency of the nutrients inside.
- · When fruits and vegetables are washed with alkaline water, chlorine and other sediments thoroughly.

### **Benefits of ENERGIZED Acidic Water**

- May kill bacteria on contact by oxidizing and withdrawing electrons from bacteria
- · May act as a effective sterilizing agent with no side effects
- May act as an astringent to restore the skin's natural pH balance
- Acts as an effective antiseptic agent for various skin diseases, ulcers, festered wounds

### **Suggested Use**

Drink 1-2 cups of alkaline ionized water on an empty stomach every morning and 1-2 cups before bedtime to benefit the body. Drink 2-3 cups at the pH level of 8.0-9.0 everyday upon awakening and increase the quantity with higher pH strength as your body gets accustomed to it.



# **Uses of Alkaline or Acidic Water**



#### Alkaline 10.0

- Not drinkable, unless alkalized with pH 9.5, 9.0 and 8.5
- Can be used to wash fruits and vegetables
- · Can be used to boil food



### Alkaline 9.5

- Drinkable if alkalized with pH 9.0 and 8.5
- Can be used to brew barley tea and oolong tea
- Can make teas softer in 1/2 the time than using tap water.



#### Alkaline 9.0

- Drinkable if alkalized with pH 8.5
- · Can be used to cook rice
- · Can be used to make tea



#### Alkaline 8.5

• Drinkable for beginners



### **Alkaline 7.0 (Purified Water)**

- Drinkable
- Can be used when taking medicine and mixing with powdered baby milk



#### Acidic Water 6.5-5.5

- Not drinkable
- · Can be used for skin care and to wash face
- Can be used for cleaning after face washing, bathing and shaving
- Can be used in washing kitchenware and tableware
- Can be used to water plants





When used to wash fruits and vegetables, water from the AMWater Actify allows your fruits and vegetables to stay fresher and retain more nutrients.

When used to clean and cook your meats, energized water from AMWater Actify gives you juicier, more wholesome meats and helps keep your hands free from fishy odors.

- Using water from AMWater Actify to make tea, coffee and other beverages will give us tastier beverages.
- Cooking with water from AMWater Actify also ensures that the nutrients in the foods are better absorbed.
- ★ Washing your face daily with water from AMWater Actify also means smoother, softer skin!

### This means a healthier, more energetic you!

#### Not only that!

Your plants will grow better, your flowers will last longer, your pets will become healthier and happier and have more lustrous coats.

The bottom line is: BETTER WATER MAKES EVERYTHING BETTER!

# What's Inside The AMWater Actify Energized Water System?

Electrolysis Device To Give You Both Healthy Alkaline Water And Useful Acidic Water

There are 5 plates located inside the AMWater Actify. The purpose of these plates is to ionize the water. It produces alkaline ionized water with an excess amount of OH- ions at one end and acidic ionized water with an excess amount of H+ ions at the other end.

The alkaline ionized water is generated with all the benefits of alkaline minerals so that it is drinkable. These alkaline properties neutralize acids and supply the cells and tissues with alkaline minerals in ionized micro-cluster bio-active forms.

Working quickly, the ionized water output range for the device is 3 liters / minute (alkaline + acidic water). This means your AMWater Actify will have a relatively quick flow rate and you will be able to fill up your cups, pots and pans with energized water very quickly! In addition, there is also an auto cleaning device that will help you clean the electrolysis plates whenever needed.

- Electrolysis Method: Continuous electrolysis
- Electrolysis Strength: 1, 2, 3, 4 Level
- Ionized Water Output Range: Max 3 Liters/minute (alkaline + acidic water)
- Cleaning Device: Polarity auto-alternating system
- Electrode Materials: Platinum and Titanium

### Water Purifying Device To Purify And Deliver Pristine, Clean Water

The filters inside the AMWater Actify help to purify the water. Manufactured as cartridges, these filters are easy to replace. The filter comes with its very own Filter Life Indicator to remind you when it is time to replace the filters.

- Filter Replacement: Easy replaceable cartridge
- Filter Life (Duration): Approx 5~6 months based on 20 liters /day
- Filter Life Indicator: LCS Indication
- Filter Composition: Silver-Activated carbon, Fiber filter, Calcium, Tourmaline
- Water Supply: Direct connection to a tap; or hard-lined to plumbing

### **Electrolysis Device**

**Electrolysis Method:** continuous electrolysis **Electrolysis Strength:** 1, 2, 3, 4 Level

**Ionized Water Output Range:** Max 3 Liters / minute (alkaline + acidic water)

**Cleaning Device:** Polarity auto-alternating system

Electrode Materials: Platinum & Titanium

### **Technical Data Sheet & Product Specifications:**

**Dimensions:** 265 x 140 x 373mm **Weight:** Approx. 10lbs (4.5Kg)

Produces: Alkaline, Acidic & Purified Water

**Product Classification:** Ionized Water Generator

Input Voltage: AC220V 60Hz

(Voltage and Hz to be changeable as per user's requirement)

Input Electricity (Power Consumption): 0.4A(80W)

Applicable Water Inflow Pressure Range: 0.7 ~ 5 Kgf/cm2

**Applicable Water Temperature Range:** 5 ~ 30 C **Unit Operation Means:** Tap water open and close

- \* Water pH and extend of clustering may vary with different sources of water.
- \* To optimize the effects of your AMWater Actify, use a pre-filter whenever necessary.

#### Disclaimer:

The information here has not been evaluated by the FDA. This information is not intended to treat, diagnose, cure or prevent any disease. All information is provided for educational purposes only. Always seek the advice of your physician or other qualified health care provider with any questions you have regarding a medical condition before undertaking any diet, exercise or other health program.

For more information about AMWater Actify Energized Water System, please visit our site at: http://bit.ly/AMWater



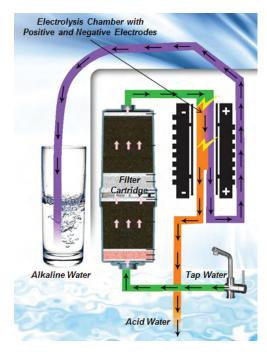
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Fiber Filter
Calcium
Fiber Filter
Silver - Activated Carbon
Fiber Filter
Tourmaline
Fiber Filter

- Fiber Filter

Carbon Filter Composition



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